

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZZT

Coachinfo: Warming up from: 08:00 until 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Desmet Carl

Coaches: François Ewout

Coaches: Vandenbussche Liselotte HEADCOACH

Coaches: Backs Hubert

Coaches: De Cramer Renée

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M FREESTYLE MEN 11+					Heat:2, starttime: 09:02
Heat: 2/9 Lane : 2 Athlete: LONGUEVILLE JOREN					Q-time: 01:25:31
PB (25m pool): no time			PB (50m pool): 01:25.31 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:2, starttime: 09:02
Heat: 2/9 Lane : 5 Athlete: LEVRAU OSKAAR					Q-time: 01:18:24
PB (25m pool): 01:23.01 TEMSE 23/11/2025			PB (50m pool): 01:18.24 SB: 01:23.01 TEMSE 23/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:39.34		01:23.01	
	00:39.34		00:43.67		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:3, starttime: 09:04
Heat: 3/9 Lane : 5 Athlete: GEERS ARNOUT					Q-time: 01:09:90
PB (25m pool): 01:09.90 Temse 17/11/2025			PB (50m pool): 01:10.83 SB: 01:09.90 Temse 17/11/2025		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.42		01:09.90	
	00:34.42		00:35.48		
					

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 1: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:06
Heat: 4/9 Lane : 3 Athlete: DEVOLDERE LOWIE					Q-time: 01:06:45
PB (25m pool): 01:07.40 TEMSE 23/11/2025					PB (50m pool): 01:06.45 SB: 01:07.40 TEMSE 23/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.50		01:07.40	
	00:32.50		00:34.90		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:4, starttime: 09:06
Heat: 4/9 Lane : 7 Athlete: DESANTE LEON					Q-time: 01:07:95
PB (25m pool): 01:07.95 leper 04/01/2026					PB (50m pool): 01:07.64 SB: 01:07.95 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.85		01:07.95	
	00:32.85		00:35.10		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:5, starttime: 09:08
Heat: 5/9 Lane : 6 Athlete: CHRISTIAENS LUCAS					Q-time: 01:04:91
PB (25m pool): 01:04.91 Eeklo 06/04/2026					PB (50m pool): 01:06.02 SB: 01:04.91 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.46		01:04.91	
	00:31.46		00:33.45		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:6, starttime: 09:09
Heat: 6/9 Lane : 1 Athlete: DECLERCK LUKAS					Q-time: 01:03:95
PB (25m pool): 01:04.63 leper 04/01/2026					PB (50m pool): 01:03.95 SB: 01:04.63 leper 04/01/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.73		01:04.63	
	00:30.73		00:33.90		
					

Coach feedback:

UZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 1: 100M FREESTYLE MEN 11+					Heat:6, starttime: 09:09
Heat: 6/9 Lane : 5 Athlete: THIELEMANS LEON					Q-time: 01:03:47
PB (25m pool): 01:03.47 Eeklo 06/04/2026					PB (50m pool): 01:04.03 SB: 01:03.47 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.36		01:03.47	
	00:30.36		00:33.11		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:8, starttime: 09:12
Heat: 8/9 Lane : 5 Athlete: DECLERCK SIMON					Q-time: 00:58:30
PB (25m pool): 00:58.30 Diksmuide 12/10/2025					PB (50m pool): 00:59.12 SB: 00:58.30 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.24		00:58.30	
	00:28.24		00:30.06		
					

Coach feedback:

Event number: 1: 100M FREESTYLE MEN 11+					Heat:9, starttime: 09:14
Heat: 9/9 Lane : 2 Athlete: VANDEKERCKHOVE JEROME					Q-time: 00:54:55
PB (25m pool): 00:54.55 Eeklo 06/04/2026					PB (50m pool): 00:56.30 SB: 00:54.55 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.23		00:54.55	
	00:26.23		00:28.32		
					

Coach feedback:

Event number: 2: 100M BACKSTROKE WOMEN 11+					Heat:2, starttime: 09:19
Heat: 2/7 Lane : 8 Athlete: JODTS LAUREN					Q-time: 01:34:35
PB (25m pool): 01:36.12 Torhout 06/12/2025					PB (50m pool): 01:34.35 SB: 01:36.12 Torhout 06/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:48.03		01:36.12	
	00:48.03		00:48.09		
					

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 2: 100M BACKSTROKE WOMEN 11+					Heat:4, starttime: 09:24
Heat: 4/7 Lane : 5 Athlete: VANDENBROUCKE FEBE					Q-time: 01:20:09
PB (25m pool): 01:20.09 Eeklo 06/04/2026					PB (50m pool): 01:22.84 SB: 01:20.09 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.39		01:20.09	
	00:38.39		00:41.70		
					

Coach feedback:

Event number: 2: 100M BACKSTROKE WOMEN 11+					Heat:5, starttime: 09:26
Heat: 5/7 Lane : 7 Athlete: ANDRIES FEBE					Q-time: 01:18:62
PB (25m pool): no time					PB (50m pool): 01:18.62 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 2: 100M BACKSTROKE WOMEN 11+					Heat:7, starttime: 09:31
Heat: 7/7 Lane : 1 Athlete: CLAEYS ELENA					Q-time: 01:10:07
PB (25m pool): 01:10.07 Diksmuide 12/10/2025					PB (50m pool): 01:11.85 SB: 01:10.07 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.07	
	no time				
					

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:1, starttime: 09:33	
Heat: 1/5 Lane : 2 Athlete: DELEYE TRISTAN							Q-time: 99:99:99	
PB (25m pool): 03:06.37 Diksmuide 01/12/2024				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.88		01:31.83		02:26.90		03:06.37
	00:42.88		00:48.95		00:55.07		00:39.47	
								

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 4 Athlete: DUMAREY WOUT							Q-time: 02:54:89	
PB (25m pool): 02:50.91 Meulebeke 10/05/2026				PB (50m pool): 02:54.89SB: 02:50.91 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.03		no time		no time		02:50.91
	00:38.03							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:3, starttime: 09:41	
Heat: 3/5 Lane : 6 Athlete: MOEYAERT ALEC							Q-time: 02:56:81	
PB (25m pool): 02:56.72 Meulebeke 10/05/2026				PB (50m pool): 03:00.26 SB: 02:56.72 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.11		no time		no time		02:56.72
	00:40.11							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:5, starttime: 09:48	
Heat: 5/5 Lane : 4 Athlete: VANDEKERCKHOVE JEROME							Q-time: 02:17:86	
PB (25m pool): 02:29.91 Sint-Pieters-Leeuw 06/10/2024				PB (50m pool): 02:17.86 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:29.91
	no time							
								

Coach feedback:

Event number: 3: 200M MEDLEY MEN 11+							Heat:5, starttime: 09:48	
Heat: 5/5 Lane : 8 Athlete: THIELEMANS LEON							Q-time: 02:39:59	
PB (25m pool): 02:35.08 Meulebeke 10/05/2026				PB (50m pool): 02:41.88SB: 02:35.08 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.53		no time		no time		02:35.08
	00:34.53							
								

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 09:51	
Heat: 1/3 Lane : 3 Athlete: VANDEKERCKHOVE JULIETTE							Q-time: 99:99:99	
PB (25m pool): 03:15.44 leper 08/01/2023				PB (50m pool): 03:12.46 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:15.44
	no time							
								

Coach feedback:

Event number: 4: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 09:51	
Heat: 1/3 Lane : 5 Athlete: VERNIEUWE LEANNE							Q-time: 03:48:88	
PB (25m pool): 03:48.88 leper 05/01/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.49		01:50.65		no time		03:48.88
	00:52.49		00:58.16					
								

Coach feedback:

Event number: 5: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 10:04	
Heat: 1/4 Lane : 3 Athlete: LEVRAU SUZAN							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

Event number: 5: 100M BACKSTROKE MIXED 10-9							Heat:1, starttime: 10:04	
Heat: 1/4 Lane : 6 Athlete: VANHOVE POLLY							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		no time		no time				
	no time							
								

Coach feedback:

UZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 5: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 10:13
Heat: 4/4 Lane : 6 Athlete: SOMERS BODHI					Q-time: 01:34:40
PB (25m pool): no time PB (50m pool): 01:34.40 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 5: 100M BACKSTROKE MIXED 10-9					Heat:4, starttime: 10:13
Heat: 4/4 Lane : 7 Athlete: VERNIEUWE ARNO					Q-time: 01:36:72
PB (25m pool): no time PB (50m pool): 01:39.57 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+					Heat:1, starttime: 10:16
Heat: 1/5 Lane : 2 Athlete: LONGUEVILLE JOREN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+					Heat:2, starttime: 10:17
Heat: 2/5 Lane : 7 Athlete: LEVRAU OSKAAR					Q-time: 00:45:66
PB (25m pool): no time PB (50m pool): 00:45.66 SB: no time					
	2 5 M	5 0 M			
PB		no time			
	no time				
					

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZZT

Event number: 6: 50M BUTTERFLY MEN 11+				Heat:3, starttime: 10:18
Heat: 3/5 Lane : 3 Athlete: DELEYE TRISTAN				Q-time: 00:34:43
PB (25m pool): 00:39.17 Gent 23/02/2025				PB (50m pool): 00:34.43 SB: no time
	2 5 M	5 0 M		
PB		00:39.17		
	00:39.17			
				

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11+				Heat:5, starttime: 10:20
Heat: 5/5 Lane : 7 Athlete: FRANÇOIS TIJS				Q-time: 00:28:46
PB (25m pool): 00:32.68 Diksmuide 15/10/2023				PB (50m pool): 00:28.46 SB: no time
	2 5 M	5 0 M		
PB		00:32.68		
	00:32.68			
				

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 10:55
Heat: 4/7 Lane : 4 Athlete: VANPOUCKE LOTTE							Q-time: 05:43:88
PB (25m pool): 05:43.88 Eeklo 06/04/2026							PB (50m pool): 06:06.37 SB: 05:43.88 Eeklo 06/04/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M 2 0 0 M
PB		no time		01:22.72		no time	02:50.08
	no time						
							
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5 4 0 0 M
PB		no time		no time		no time	05:43.88
							

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 11:08	
Heat: 6/7 Lane : 5 Athlete: VAN STEENKISTE LIA							Q-time: 05:12:48	
PB (25m pool): 05:02.82 Meulebeke 10/05/2026				PB (50m pool): 05:12.48SB: 05:02.82 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:12.48		no time		02:28.73
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:02.82
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 11:08	
Heat: 6/7 Lane : 6 Athlete: VANDENBROUCKE FEBE							Q-time: 05:14:71	
PB (25m pool): 05:14.71 Diksmuide 12/10/2025				PB (50m pool): 05:18.52SB: 05:14.71 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.82		01:14.82		01:54.13		02:34.64
	00:35.82		00:39.00		00:39.31		00:40.51	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:14.64		03:55.14		04:35.57		05:14.71
	00:40.00		00:40.50		00:40.43		00:39.14	
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 11:14	
Heat: 7/7 Lane : 1 Athlete: VERNIEUWE IRENE							Q-time: 05:06:54	
PB (25m pool): 04:58.32 Meulebeke 10/05/2026				PB (50m pool): 05:12.57 SB: 04:58.32 Meulebeke 10/05/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:10.73		no time		02:26.23
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:58.32
								

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZZT

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 11:14	
Heat: 7/7 Lane : 3 Athlete: ANDRIES FEBE							Q-time: 04:41:95	
PB (25m pool): 04:41.95 Meulebeke 18/05/2025				PB (50m pool): 05:02.51SB: 04:47.15 Veurne 19/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:08.36		no time		02:19.81
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:41.95
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 11:14	
Heat: 7/7 Lane : 4 Athlete: GANTOIS JANNE							Q-time: 04:40:08	
PB (25m pool): 04:40.08 Diksmuide 12/10/2025				PB (50m pool): 04:41.42 SB: 04:40.08 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.82		01:06.72		01:41.72		02:16.66
	00:31.82		00:34.90		00:35.00		00:34.94	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.51		03:28.71		04:05.16		04:40.08
	00:35.85		00:36.20		00:36.45		00:34.92	
								

Coach feedback:

Event number: 7: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 11:14	
Heat: 7/7 Lane : 5 Athlete: VANDEKERCKHOVE JULIETTE							Q-time: 04:40:97	
PB (25m pool): 04:40.97 Diksmuide 12/10/2025				PB (50m pool): 04:44.87 SB: 04:40.97 Diksmuide 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.27		01:07.45		01:43.66		02:19.32
	00:32.27		00:35.18		00:36.21		00:35.66	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:55.21		03:31.56		04:07.43		04:40.97
	00:35.89		00:36.35		00:35.87		00:33.54	
								

Coach feedback:

UZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 11:22
Heat: 2/5 Lane : 1 Athlete: GEERS ARNOUT					Q-time: 01:39:67
PB (25m pool): 01:39.67 Diksmuide 12/10/2025					PB (50m pool): 01:44.26 SB: 01:39.67 Diksmuide 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:46.28		01:39.67	
	00:46.28		00:53.39		
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 11:26
Heat: 4/5 Lane : 6 Athlete: FRANÇOIS TIJS					Q-time: 01:21:27
PB (25m pool): 01:29.07 WAREGEM 10/04/2023					PB (50m pool): 01:21.27 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.07	
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 11:28
Heat: 5/5 Lane : 6 Athlete: DECLERCK SIMON					Q-time: 01:17:41
PB (25m pool): 01:17.41 Gent 23/02/2025					PB (50m pool): 01:20.06 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.31		01:17.41	
	00:36.31		00:41.10		
					

Coach feedback:

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 11:37
Heat: 4/4 Lane : 4 Athlete: DE BRUYCKER CHLOë					Q-time: 01:01:76
PB (25m pool): 01:01.76 Gent 09/11/2025					PB (50m pool): 01:02.94 SB: 01:01.76 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:28.69		01:01.76	
	00:28.69		00:33.07		
					

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 9: 100M BUTTERFLY WOMEN 11+					Heat:4, starttime: 11:37
Heat: 4/4 Lane : 5 Athlete: LAMMENS MARY					Q-time: 01:02:29
PB (25m pool): 01:02.38 Gent 09/11/2025					PB (50m pool): 01:02.29 SB: 01:02.38 Gent 09/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.18		01:02.38	
	00:29.18		00:33.20		
					

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 11:43	
Heat: 2/4 Lane : 1 Athlete: LONGUEVILLE JOREN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 11:43	
Heat: 2/4 Lane : 5 Athlete: CHRISTIAENS LUCAS							Q-time: 03:00:14	
PB (25m pool): no time			PB (50m pool): 03:00.14SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:2, starttime: 11:43	
Heat: 2/4 Lane : 6 Athlete: LEVRAU OSKAAR							Q-time: 03:13:71	
PB (25m pool): 03:13.71 Zaventem 15/07/2025				PB (50m pool): 03:19.13SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.91		01:34.37		no time		03:13.71
	00:44.91		00:49.46					
								

Coach feedback:

UZZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 11:48	
Heat: 3/4 Lane : 1 Athlete: DUMAREY WOUT							Q-time: 02:48:78	
PB (25m pool): 02:52.85 Zaventem 15/07/2025				PB (50m pool): 02:48.78 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.62		01:25.73		no time		02:52.85
	00:41.62		00:44.11					
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 11:48	
Heat: 3/4 Lane : 6 Athlete: BLOMME STAN							Q-time: 02:43:12	
PB (25m pool): 02:43.12 Meulebeke 18/05/2025				PB (50m pool): 02:44.15SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:43.12
	no time							
								

Coach feedback:

Event number: 10: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 11:48	
Heat: 3/4 Lane : 8 Athlete: DESANTE LEON							Q-time: 02:56:31	
PB (25m pool): 03:53.27 DIKSMUIDE 20/03/2022				PB (50m pool): 02:56.31 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:53.27
	no time							
								

Coach feedback:

Event number: 11: 50M BUTTERFLY MIXED 10-9							Heat:2, starttime: 11:57		
Heat: 2/4 Lane : 3 Athlete: LEVRAU SUZAN							Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time				SB: no time	
PB	2 5 M		5 0 M						
			no time						
			no time						
									

Coach feedback:

UZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZT

Event number: 11: 50M BUTTERFLY MIXED 10-9							Heat:2, starttime: 11:57	
Heat: 2/4 Lane : 8 Athlete: VERNIEUWE ARNO							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 11: 50M BUTTERFLY MIXED 10-9							Heat:3, starttime: 11:58	
Heat: 3/4 Lane : 1 Athlete: VANHOVE POLLY							Q-time: 99:99:99	
PB (25m pool): no time							PB (50m pool): no time SB: no time	
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 11: 50M BUTTERFLY MIXED 10-9							Heat:3, starttime: 11:58	
Heat: 3/4 Lane : 8 Athlete: SOMERS BODHI							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 12: 4x50M MEDLEY MIXED 11+				Heat:1, starttime: 12:07			
Heat: 1/2 Lane : 4 Athlete: TEAM TZT 4				Q-time: 02:23:70			
PB (25m pool):		PB (50m pool):		SB:			
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB							
							

Coach feedback:

UZKZ Cup 2026: Session: 1: COACH evaluation sheet for TEAM: TZZT

Event number: 12: 4x50M MEDLEY MIXED 11+							Heat:1, starttime: 12:07	
Heat: 1/2 Lane : 6 Athlete: TEAM TZZT 2							Q-time: 02:29:77	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M MEDLEY MIXED 11+							Heat:2, starttime: 12:10	
Heat: 2/2 Lane : 6 Athlete: TEAM TZZT 3							Q-time: 02:05:14	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback:

Event number: 12: 4x50M MEDLEY MIXED 11+							Heat:2, starttime: 12:10	
Heat: 2/2 Lane : 7 Athlete: TEAM TZZT 1							Q-time: 02:17:39	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB								
								

Coach feedback: